The road from Interface Oral Health Science at Tohoku University Graduate School of Dentistry to Oral Health Scientist and Oral Health Care Professional

# 2024 Tohoku University Graduate School of Dentistry



# Tohoku University Graduate School of Dentistry —A Pathfinder of Dentistry, Dental Care, and Oral Health for the Next Generation

What is the mouth's function? Of course, it is directly related to the maintenance of life, such as breathing and eating, and it may also involve playing wind instruments in a brass band or singing songs. In addition, communication is necessary for living in society. Researchers and clinicians are trying to contribute to society by studying and clinically researching the mouth, which plays an important role in various aspects.

The Graduate School of Dentistry's mission is to train global leaders and highly specialized professionals in dentistry, dental care, and oral health for the next generation. With the advantages of Tohoku University — one of the world's leading comprehensive universities —we ensure the potential leaders a high standard of education and research systems in various fields. Besides, in the framework of our special programs, such as the Interface Oral Health Science program, the Master's course, and the Asia Double Degree Program, students develop a sense of a research-oriented outlook and a scientific mind.

First of all, let me briefly introduce the history of Tohoku University. It was originally founded in 1907 as the third Imperial University in Japan after Tokyo Imperial University and Kyoto Imperial University and is now a designated national university along with them. Blessed with many intellectual assets and excellent human resources, the university continues to produce world-class results and is a game-changer in the world.



Ken Osaka Dean, Tohoku University Graduate School of Dentistry School of Dentistry

As a graduate school of Tohoku University, the Graduate School of Dentistry was established in 1972, seven years after the foundation of the School of Dentistry. Since then, we have focused on education and research based on Tohoku University's philosophy of "Research first," "Open doors," and "Practice-oriented research and education."

Dental health plays a vital role in individuals' quality of life. How does dentistry help your life? Have you ever thought about what a mouth is? The mouth has a variety of functions, including eating, staying alive, and speaking and facial expressions to communicate. All these functions are essential to life, and at the same time, they are deeply related to our vitality, enjoyment, and fulfillment in human relationships. The mouth is a "gateway" connecting our outer and inner worlds. When we interact with the outside world, our mouth serves as an "interface." Many oral diseases, such as dental caries and periodontal disease, occur at the interface where the different systems coincide. Therefore, keeping the interface healthy can help us maintain and improve our oral health, as well as our overall health. In this era of 100 years of life, dentistry plays a crucial role in extending the period people enjoy a healthy and high-quality life, or "healthy life expectancy".

In 2002, based on the terminology "Interface," we presented the new concept of dentistry, "Interface Oral Health Science (IOHS)," which encompasses the various functions and roles of the oral cavity. The IOHS concept views the oral cavity as consisting of three systems. The first consists of the tissues and organs that form the mouth, including the teeth, bone, and oral mucosa; the second of the vast microorganisms that live there; and the third of the biomaterials, which are essential and inevitable for dental treatment. Mechanical stresses, or complex forces such as occlusal force, are also applied alongside these three systems.

Since the proposal of the new concept "IOHS" and with the clear direction where dentistry research should proceed, advanced research rooted in the uniqueness and universality of dentistry has been promoted through several research/education projects adopted by the Ministry of Education, Culture, Sports, Science, and Technology (MEXT). These projects, however, are not carried out by the Graduate School of Dentistry alone but are the fruit of university-wide wisdom, mainly thanks to the Institute for Materials Research; the Graduate School of Medical Engineering; the Graduate School of Engineering; and the Graduate School of Agricultural Science, as well as with other educational and research institutions in Japan and overseas. These initiatives have blazed the "interdisciplinary fusion," trail, ranging from the biomaterials research since establishing IOHS to the latest "SHOKU-gaku research project – Transdisciplinary Science of Eating, Food, and Nutrition for Health and Wellbeing." We have also established a Liaison Center for Innovative Dentistry that links these fields with other departments at the university, external research institutions, and local communities to realize cross-disciplinary research and interdisciplinary fusion. These are the strengths of Tohoku University, an institution with a long history and tradition and a track record of world-class results.

In 2004, we also established Japan's first Double Degree course and a Master's program in dentistry to expand the horizon of dental care and oral health. These establishments boost "Open doors" in dental science education and research. Students from various professions—ranging from medical and co-medical to engineering; nutrition science; health welfare; and medical administration—are studying at the Graduate School. To develop research/education in the Master's course, we increased the quotas on students and strengthened ties with the Doctoral course in 2020.

The Graduate School of Dentistry has a high level of international competence. As a base for dental education and research in Asia, our education and research are conducted with the world's leading dental schools. Approximately a quarter of graduate students are from outside Japan. It is common for us that students from various cultural backgrounds strive together toward the same goal of pursuing dental science. Tohoku university has received the full evaluation in Japan according to Times Higher Education rankings. With abundant academic resources and excellent talent, the university continues to create world-renowned achievements. We strive to become the foundation of Japan's future.

# HISTORY

# History of Dental Medicine and Tohoku University Graduate School of Dentistry · School of Dentistry

e (	1723	Pierre Fauchard (known the father of modern dental medicine) announces "Le Chirurgien Dentist."
		3
ned	1728	Fauchard makes full maxillary dentures.
T I	1840	First modern dental medicine school in the world, Baltimore School of Dentistry, established in U.S.
nts	1844	Tooth extraction conducted under general anesthesia using nitrous oxide.
g de	1846	Oral surgery conducted using ether anesthesia in the U.S.
ese	1860	American dentist William Clark Eastlake opens dental clinic in Yokohama.
San	1876	Mizuhoya imports dental equipment from U.S. to Japan. Production of dental equipment starts in Japan.
Jaj	1878	Kisai Takayama goes to the U.S. to study dental medicine at his own expense, returns to Japan after passing exam to practice medicine as a dentist.
pun	1881	Takayama publishes first dental technical book in Japan, "Hoshishinron."
je a	1883	Medical practice test rules established and dental medicine becomes specialized field.
<u>Cir</u>	<b>4</b>	American dentist Willoughby D. Miller announces "Miller's chemico-parasitic theory."
ed	1888	First school of dental medicine in Japan, Tokyo College of Dental Medicine, established (closed the next year).
i l	1890	Takayama School of Dentistry established. (In 1900, changes name to Tokyo College of Dentists; in 1946 restructured into Tokyo Dental College.)
ii j	1891	Fact that dental plaque causes tooth decay discovered in U.S.
و ا ا	1893	Dental Practitioners Association established (in 1926, changes name to Japan Dental Association).
err	1902	Japan Association for Dental Science established.
pot	1903	School of Dentistry at School of Medicine, University of Tokyo established.
f n	1906	Dental Practitioners Law instituted.
<u>Ş</u>	1911	Dental College established.
Milestones in the history of modern dental medicine and Japanese dental medicine	1916	3
ih:	1928	Cavity Prevention Day instituted.
th th	1	Tokyo High School of Dental Medicine (currently Tokyo Medical and Dental University) established.
.g		Dentist training by national institutions in Japan starts.
nes	1946	Dental Education Council begun under the General Headquarters orders.
sto	1947	Dentist National Examination begins.
ij	1948	Dental Education Standards Draft passed.
4 (		•
(	1965	Tohoku University School of Dentistry established, advocating the philosophies of "Training dentists who can think," "One mouth is a unit," and "Holistic dentistry."
	1967	Tohoku University Dental Hospital opens.
	1972	Tohoku University Graduate School of Dentistry established.
	1975	Dental Technicians School established.
try	1993	Prof. Emeritus Hajime Yamamoto awarded Japan Imperial Prize for "Research into applications related to prevention of tooth decay by laser irradiation."
of Dentistry, School of Dentistry	2000	Tohoku University Graduate School of Dentistry, responding to the government's educational policy of emphasizing graduate schools by educating students with inquiring minds and scientific perspective who can be leaders in dental research.
Ã	2002	Interface Oral Health Science concept proposed by Tohoku University Graduate School of Dentistry.
Jo	2003	Organizational integration of Tohoku University Dental Hospital and University Hospital.
00	<b>4</b>	Tohoku University Hospital opens.
Sch.	2004	Graduate School of Dentistry establishes first Master's course in dentistry in Japan.
5,	$\downarrow$	Graduate School of Dentistry starts conducting special education in oral science for people other than those in the medical and dental field.
isti	2005	First International Symposium on Interface Oral Health Science held.
ent	2007	Tohoku University Dental Hospital and Medical Center renamed, beds and operating rooms moved to new location.
$\Theta$	<b>4</b>	"Living body biomaterial high-performance interface science project" begins, sponsored by Ministry of Education, Culture, Sports, Science and Technology.
	2008	Implant outpatients accepted at Dental Medical Center of Tohoku University Hospital.
	2009	Renovation of Lecture Building of Graduate School of Dentistry completed.
Scl	2010	Prof. Emeritus Shobu Hinuma awarded Order of Culture.
ate	<b>4</b>	Medical Dental Center outpatient clinic transferred and integrated as Dental Department of Tohoku University Hospital.
ng.	2011	Liaison Center for Innovative Dentistry established.
C) IS	2012	Renovation of Clinical Research Building, Graduate School of Dentistry completed.
History of the Graduate Scho	2013	Center for Environmental Dentistry established.
of t	<b>4</b>	Dental and Digital Forensics established.
ř.	2014	Center for Epidemiology, Biostatistics and Clinical Research established.
Sto	2015	Center for Advanced Stem Cell and Regenerative Research established.
田	2017	Next generation Dental Materials Research established.
	<b></b>	Advanced Free Radical Science established.
	2020	Courses restructured; Ecological Dentistry, Community Social Dentistry, Disease Management Dentistry, and Rehabilitation Dentistry established.
	1020	Liaison Center for Innovative Dentistry reorganized as an affiliated educational research institute.
	2021	Dental Technicians School closed.

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# What is Interface Oral Health Science?



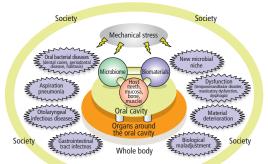
#### The Birth of Interface Oral Health Science

The academic field that is acknowledged as dentistry (dental medicine) nowadays was mainly treatment theory. Etiology and basic dentistry were subdivided and far from systematized. In 2002, Tohoku University Graduate School of Dentistry proposed connecting the various areas of expertise, which were at that time subdivided, and systematizing them as Interface Oral Health Science.

The oral cavity consists of 1) oral tissue (teeth, mucosa, bone, muscles, etc. –the living body); 2) parasitic microorganisms that live in the oral cavity; and 3) biomaterials, as well as mechanical stress as represented by the occlusal force. These are the characteristics of the oral cavity.

Interface oral health science concerns itself with the places where the various systems interact. In other words, healthy oral function works where the interfaces harmonize biologically and biomechanically. In addition, the oral cavity is itself an interface, between the inner body and the outside world. It is understood that oral cavity related diseases, such as aspiration pneumonia and gastro-intestinal tract infections, occur due to the collapse of the interfaces between systems.

#### Interface Oral Health Science



Healthy oral function works where the interfaces harmonize biologically and biomechanically (Host-Microbiome, Microbiome-Biomaterial and Biomaterial-Host Interfaces)
Oral health is promoted in society (Social Interface)

#### From Oral Cavity Interface to Academic Interface - and Society Interface

This concept not only covers the area of oral health science and dental science, it relates to a wide range of academic disciplines, including medicine, agriculture, materials science, pharmacology and so on. Practicing interface oral health science leads to further promotion of dental research and activation of interdisciplinary research in related areas.

In 2007, the "Highly-functional Interface Science: Innovation of Biomaterials with Highly-functional Interface to Host and Parasite" program was approved by Japan's Ministry of Education, Culture, Sports, Science and Technology, and we began collaborating with Tohoku University's Institute for Materials Research and Kyushu University's Research Institute for Applied Mechanics to conduct research and development on new biomaterials and develop clinical applications aimed at interface control. As a successor project, moreover, "Creation of a Biological and Non-Biological Intelligent Interface" was launched in 2012. These are the realization of the "Academic Interface" that aims to link existing academic fields and create a new academic discipline.

In addition, in order to achieve healthy oral function in local

and international communities, it is essential to communicate with local and international communities interactively (two-way communication). In other words, it is necessary to gain an understanding of the status of the oral health of local residents, solve existing problems, and return these solutions to local communities. We also must investigate the oral health status overseas and provide what is needed, as well as cooperate with overseas research institutes and contribute to the general good by returning the outcomes of Japanese dental research to the international community.

We have set up a Liaison Center for Innovative Dentistry in 2011 to enhance cooperation with local communities and foreign research institutes; it has concluded international academic partnerships with core schools in Asia (27 universities), Europe (4 universities), North America (2 universities and 1 research institute) and Oceania (1 university). Under the MEXT's program "Innovative Oral Health Scinece Liaison for Multimodal Reserach and Education (2013-2019 and 2020-)", the Liaison Center is playing an important role as "Regional and International Interfaces."

#### Sending out 'Interface Oral Health Science' to the World

At present, the concept of Interface Oral Health Science is widely recognized in Japan and abroad as the next generation of dentistry and oral science. In 2005, the International Symposium for Interface Oral Health Science: IS-IOHS was held in Sendai and many researchers gathered there from Japan and overseas. Every 2 years since 2005, IS-IOHS has been held in Sendai, with publication of an English book about the new outcomes of IOHS. In addition to Sendai, satellite symposia were held regularly at the Harvard-Forsyth Institute in the United States, The University of Hong Kong and Peking University in China, National Taiwan University in Taiwan, Seoul National University

in Korea and University of Sydney in Australia. Interface Oral Health Science is spreading more and more. In 2019, the 8<sup>th</sup> International Symposium was held in Fuzhou, China, and realized the overseas development of Interface Oral Health Science. Its foundation is in the characteristics of Tohoku University Graduate School of Dentistry –the uniqueness of dentistry and oral science and the desire to conduct unique research with universality to other academic disciplines; the passion of research educators and graduate students who gather at the place; and finally, the orientation toward international, interdisciplinary and fusion-oriented research

#### International joint education to establish standards of dental education in Asia

We have launched a multi-modal dentistry innovation program. This is a graduate school educational project aimed at establishing a setup for accepting overseas students, focusing on the Joint Graduate School Education system through collaboration with some of Asia's core universities. Another of its goals is to construct an "Asian standard" through dentistry innovations with "global knowledge" and "integrated knowledge" as the keywords and to enhance the level of dentistry and dental treatmentin Japan and Asia.

Specifically, we will step up educational and research collaborations by focusing on developing and implementing the Double-Degree Program (DD Program) with influential dentistry graduate school in China and South Korea. Under this program, a graduate student will be registered at two university graduate schools, receive education from the school of both universities, and earn academic degrees from both universities if he or she meets the requirements. By means of this setup, we aim to establish dentistry and dental treatment based on a foundation common to all of Asia (the "Asian standard"), and realize dental innovation.

While still enrolled in graduate school, participants in the DD Program study abroad at the partner university for a set period of time, and carry out joint research. An agreement has been made with several universities, including Peking University, Sichuan University, Wuhan University, and Tianjin Medical University in China, and Seoul National University, Yonsei University, and Chonnam National University in South Korea, and Chulalongkorn University in Thailand, and Universitas Indonesia in Indonesia. These schools have already begun accepting graduate students from abroad.



 Wuhan-Tohoku International Symposium 2019 (2019.10.18)



The 8th IOHS International Symposium at Fuzhou, China (2019, 1, 11–12)

# → Study case of IOHS

#### Older adults who laugh with others are at a lower risk of functional disability

aughter is believed to have health benefits. We tried aughter is believed to have health to elucidate the potential link between laughter in daily life and functional disability using a 6-year followup data of about 13,000 older adults. As a result, we found that the participants who laughed with others (e.g., during conversations with friends or a partner) had a 23% reduced risk of functional disability than those who laughed alone (e.g., during watching TV or videos). In particular, laughing in a conversation with friends reduced the risk of functional disability by approximately 30% compared to laughing alone. This is the first study to show that laughing with others was associated with a reduced risk of functional disability later in life. (Preventive Medicine 2022; 155: 106945, doi: 10.1016/ j.ypmed.2021.106945)

#### Development of orthodontic wire that prevents to cause metal allergies

#### Successful regeneration of a large jawbone defect using osteocytes and scaffolds

V arious treatment techniques have been developed to regenerate lost bone, but no treatment has been developed to heal large bone defects. A research group led by the Graduate School of Dentistry has succeeded in regenerating large jawbone defects in mice by combining osteoblasts and scaffolds. Bone regenerated by this method has the same strength as normal bone and it has been shown that implant treatment may be possible. The results of this research are expected to be applied to regenerative medicine for various diseases that require bone regeneration. (PNAS Nexus 2022; 1: 1-12, doi: 10.1093/

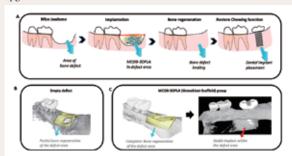
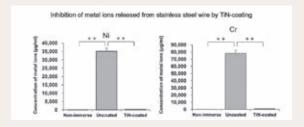


Illustration: Development of bone regenerative medicine technology using osteoblasts and scaffolds

ost orthodontic wires contain metals that cause metal allergies, and therefore the potential for release of metal ions into the oral cavity represents a problem precluding their use in patients with metal allergies. In this study, we found that coating orthodontic wires with titanium nitride (TiN) by ion plating method can suppress metal elution from the wires. Furthermore, it was found that the coating did not peel off even after brushing 20,000 times with toothbrushes. It is expected that stainless steel wires coated with TiN by the ion plating method could be applied to orthodontic patients with metal allergies. (Applied Sciences 2022; 12(19): 9497, doi: 10.3390/app12199497)



# What we study at the Graduate School of Dentistry

#### Graduate School of Dentistry Admissions Policy

The Tohoku University Graduate School of Dentistry strives to foster researchers and sophisticated professionals who: possess advanced knowledge and skills in dentistry, oral care, and oral health, as well as the sensibilities and fundamental human qualities that support that expertise; are closely attuned to the needs of society; and can identify problems on their own and develop concrete solutions for various challenges of dentistry.

Specifically, we seek applicants who aspire to become sophisticated professionals capable of contributing to society with their specialized

knowledge and skills backed by sensibilities and fundamental human qualities, or to become researchers able to contribute to new advances in dentistry.

To attract such candidates we offer three admissions tracks: general admissions, special admissions for Working-adults, and special admissions for international students. We use these admissions processes to assess and select applicants, placing emphasis on whether each candidate has the high-level competencies and qualities needed to engage in research aligned with our educational principles and goals.

#### The Doctoral Course +

#### Admissions policy

The doctoral course seeks students who are highly motivated to study dental science, possess outstanding competencies, a broad perspective, and flexibility, and are able to pursue original, advanced, transdisciplinary, and exploratory research founded on bench founded on unity in specialization and academics.

The general admissions track evaluates applicants through four exams: a written exam of basic knowledge and understanding of specialized disciplines, an externally administered certification exam of English reading comprehension, an interview, statement of purpose, and transcript review for comprehensively assessing whether the applicants possess strong motivation to study dental science, outstanding competencies, a broad perspective, and flexible sensibilities. These exams are given approximately equal weight in the selection process.

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Special admissions for Working-adults evaluates applicants through four exams: a written exam of knowledge and understanding of specialized disciplines, an externally administered certification exam

of English reading comprehension, and an interview and a review of transcripts and statement of purpose for comprehensively assessing whether the applicants possess strong motivation to study dental science, a broad perspective, and flexible sensibilities. These exams are given approximately equal weight in the selection process.

Special admissions for international students evaluates applicants through four exams: a written exam of basic knowledge and understanding of specialized disciplines, an English certificate to measure reading comprehension, an interview, statement of purpose, and transcript review for comprehensively assessing whether the applicants possess strong motivation to study dental science, and outstanding competencies. These exams are given approximately equal weight in the selection process.

Those who are not native speakers of English are expected to acquire sufficient ability in English comprehension and communication before enrolling.

#### Curriculum policy

The Graduate School of Dentistry formulates and implements the curriculum based on the following policy in order to enable students to achieve the aims of the Diploma Policy.

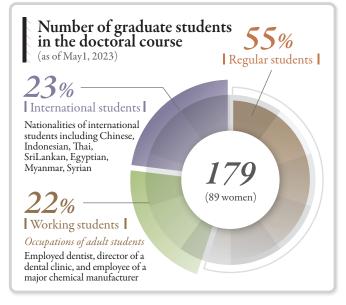
- (1) Facilitate the acquisition of sophisticated knowledge and skills in specialized fields and transdisciplinary domains by providing specialized and transdisciplinary courses necessary for dental science research, and having students develop abundant expertise in dental science, dental care, and oral health, and write a dissertation based on that expertise.
- (2) Provide opportunities to develop the high ethical standards and leadership necessary for engaging in research, and opportunities in Japan and abroad to learn about and report the latest findings in cutting-edge research.

#### Diploma policy

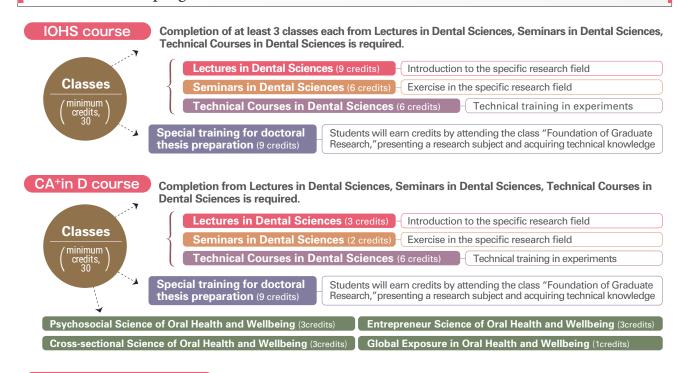
The Graduate School of Dentistry awards a Doctoral degree to students who has studied the required subjects set according to the school's educational philosophy and objectives, has completed the credits required by the school, has acquired the knowledge and skills as described below, and has passed the Doctoral dissertation review and the final examination.

- (1) Be able to complete independent, original, and transdisciplinary research in dentistry using one's abundant expertise and high-level specialized knowledge and skills.
- (2) Be able to contribute to the advancement of society and scholarship by carrying out next-generation research as a leader in dentistry who tackles societal and scholarly challenges with original ideas, high ethical standards, and a firm sense of responsibility.
- (3) Be able to lead dental research in Japan and abroad by utilizing one's international perspective and communication skills, and by disseminating world-class research findings.

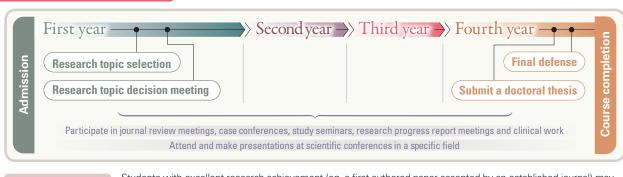
(3) Achievement is evaluated by determining, using tests and reports, whether the student has reached the objectives described in the syllabus. The Doctoral dissertation is evaluated by determining whether it contributes to advanced research from an original perspective, and whether the student, as an independent researcher, has advanced research capabilities and extensive knowledge necessary for research activities and highly professional duties, and by evaluating final exams.



#### Doctoral course program



#### Common to both courses



Course acceleration

Students with excellent research achievement (eg, a first-authored paper accepted by an established journal) may complete the course in 2 years.

#### The wonder of studying at a renowned academic institution.

Student's Message

As a doctoral student in forensic dentistry at Tohoku University in Sendai, Japan, I have had the privilege of studying in this highly esteemed academic institution for the past two years. The graduate school of dentistry is equipped with state-of-the-art research technologies, and the academic and non-academic staff and fellow students are incredibly friendly and welcoming, creating a supportive community that fosters collaboration and growth.

Tohoku University offers numerous financial aid options, including a generous scholarship that provides financial support for my studies, allowing me to focus on my research without worrying about finances.

Pursuing a PhD in forensic dentistry at Tohoku University has been a dream come true. After the Great East Japan Earthquake and tsunami in 2011, the forensic dentistry department played a critical role in identifying victims and aiding the community. Today, I feel privileged to learn from experienced pioneers in this field and contribute to our understanding of forensic dentistry.

Living in Sendai as an international student has been a joyful experience. The people are kind and helpful, and the region's stunning natural beauty transforms throughout the seasons. Additionally, the cost of living in Sendai is much more affordable than in most of Japan's larger cities. I appreciate the chance to immerse myself in Japanese culture while still being able to maintain a comfortable standard of living.

Overall, choosing Tohoku University for my PhD has been one of the best decisions of my life. I would strongly recommend it to anyone seeking a world-class education and a warm, inclusive community. The opportunity to learn from experienced researchers and to contribute to ongoing research

efforts has been invaluable, and the supportive atmosphere has made my experience here truly unforgettable.

Doctoral 3<sup>rd</sup> year | from Sri Lanka

Kuruppu Arachchige Isuruni Jayashika

#### New Knowledge every day

Student's Message

After I graduated from my master's program at the Department of Removable Prosthodontics, Damascus University, I thought that studying abroad will improve both my professional and personal skills, and what better place than Tohoku university with its impressive records and up-to-date interesting research fields. I was lucky to be accepted as a PhD candidate in the Rehabilitation Dentistry Department, Aging and Geriatric Dentistry Division under Prof. Yoshinori Hattori where we study advanced methods to improve the oral function and overall oral health related quality of life of the elderly population that is constantly growing both in Japan and worldwide. Despite the many challenges that international students face while studying abroad, my professors and colleagues are very understanding and supportive. And I am very content with the new skills and knowledge I am earning from a wild range of lectures, lab training and seminars where other lab mates share the latest finds in the field. Tohoku University also offers well planned Japanese courses by great teachers to prepare you for the research path ahead. Furthermore, Tohoku University provides a variety

of financial support systems. In fact, I was very fortunate to be accepted in the Tohoku Pioneering Research Support Project for PhD Students' generous intensive stipend program, where I can concentrate on my studies without having to worry about any financial issues. This scholarship also provides a grant that covers any expenses for business trips, research materials and equipments I may need. In addition, Sendai is a great city with kind people, delicious and affordable healthy food choices, and beautiful scenery. I will be forever grateful for this university and its professors and staff for all the care and support, skills and knowledge I am obtaining every day.



Doctoral 1st year | from Syria

Hala Al Khalili

#### RIGHT PLACE, IDEAL CIRCUMSTANCES

Student's Message

"Education is the passport to the future, for tomorrow belongs to those who prepare for it today" -Malcolm X said. Based on that quote, I can say that the Graduate School of Dentistry, Tohoku University is a perfect immigration office. Tohoku University was announced as the No. 1 University in Japan by Times Higher Education in 2020 until this post was made in 2023. Many levels of achievement, contribution, and collaboration were established by Tohoku University over more than a century.

In October 2021, I was going abroad from Indonesia for coming here to be part of the Department of Endodontology and Periodontology, Graduate School of Dentistry, Tohoku University as a PhD student. Tohoku University is located in Sendai, a good city for studying because of its amenities and serenity. Sendai has a significantly lower temperature difference compared to the city where I live in Indonesia, it's cold for me, but luckily the people are warm.

Leaving my country, which is my comfort zone, is a big decision for me, but when I am here, everything pays off. Been here a year, and I can feel the fantastic learning atmosphere that grows naturally through the interactions with the teachers, staff, and other students. During my first year studying here, I obtained a lot of new knowledge through my research activities about "periodontal regeneration" and other activities such as lectures, weekly journal clubs, lab meetings, and seminars. Moreover, I

feel blessed to have an incredible mentorship from Dr. Shigeki Suzuki and Prof. Satoru Yamada, who patiently guided me in academic life, including research beginning, efficiency, critical thinking, developing ideas, and problem troubleshooting.

This place also provides an excellent support system for your studying journey, especially the staff and facilities such as research instruments, student activities, living assistance, etc. Using the tutorship system to handle paperwork administration when we first arrived in Japan and offering a Japanese language course for international students, Tohoku University assisted in bridging the language barrier. Your early years in Japan will be significantly aided by this arrangement. Then, how about the research instruments for supporting our research activities? Yes, of course, no doubt about that.

All the good things here successfully change every obstacle that exists during my study here into valuable lessons, assisting me in building a better version of myself

assisting me in building a better version of myself in every aspect. This place will be suitable for everyone who wants to grow. Deeply proud to become part of Tohoku University!

Doctoral 2<sup>nd</sup> year | from Indonesia

Rahmad Rifqi Fahreza



#### The Master's Course

#### Chronology of events that led to the establishment of the Master's course

Dental medicine has been progressing rapidly in recent years, and dental treatment support staff, such as dental hygienists, technicians and other professionals, is now being expected to acquire an even wider range of advanced knowledge and to possess specialized skills based on such knowledge. To promote the research and development of dental equipment and materials that support advanced dental medicine, moreover, it is becoming an urgent task to train researchers and developers who are familiar with the latest advances in dentistry and oral science.

On the other hand, the importance of oral functions such as eating and speaking is becoming more broadly recognized. People in occupations who have no opportunities to receive specialized dentistry education, such as nurses, speech therapists, nursing

teachers, and health administration officials are increasingly being called on to demonstrate knowledge and skills relating to dental and oral care in executing their nursing, long-term care, health guidance, public relations, and other awareness-raising activities. Examples include the provision of oral health guidance and management, and education on maintenance of the oral cavity.

In April 2004, the Tohoku University Graduate School of Dentistry established a new Master's program especially for these types of individuals, and opened the door for specialized education and research in dentistry and oral science with the aim of cultivating the abilities needed for such advanced specialist professions, or the ability to conduct research on dentistry and oral science.

#### Admissions policy

The master's course seeks students who have diverse specialized knowledge and skills in disciplines such as oral hygiene, public health, health science, speech therapy, medical sociology, agriculture, engineering, science, and food/nutritional science and highly motivated to study dental science, dental care, oral health, and other such fields.

The general admissions track evaluates applicants through four exams: a written exam of basic knowledge and understanding of specialized disciplines, an externally administered certification exam of English reading comprehension, an interview, statement of purpose, and transcript review for comprehensively assessing whether the applicants possess strong motivation to study dental science, outstanding competencies, a broad perspective, and flexible sensibilities. These exams are given approximately equal weight in the selection process.

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Special admissions for Working-adults evaluates applicants through four exams: a written exam of knowledge and understanding of specialized disciplines, an externally administered certification exam of English reading comprehension, and an interview and a review of

transcripts and statement of purpose for comprehensively assessing whether the applicants possess strong motivation to study dental science, dental care, and oral health, as well as a broad perspective and flexible sensibilities. These exams are given approximately equal weight in the selection process.

Special admissions for international students evaluates applicants through four exams: a written exam of basic knowledge and understanding of specialized disciplines, an English certificate to measure reading comprehension, an interview, statement of purpose, and transcript review for comprehensively assessing whether the applicants possess strong motivation to study dental science and dental health, and outstanding competencies. These exams are given approximately equal weight in the selection process.

Those who are not native speakers of English are expected to acquire sufficient ability in English comprehension and communication before enrolling.

#### Curriculum policy

The Graduate School of Dentistry formulates and implements the curriculum based on the following policy in order to enable students to achieve the aims of the Diploma Policy.

- (1) Provide specialized and transdisciplinary courses in dental science, dental care, and oral health, as well as an educational environment that enables students to focus on research for their master's thesis and other purposes.
- (2) Provide opportunities to develop the high ethical standards expected of researchers and sophisticated professionals, opportunities to learn about
- the latest advances in Japanese/international dental science research and dental care technologies, and practical opportunities enabling students to acquire communication skills and advanced specialized techniques.
- (3) Achievement is evaluated by determining, using tests and reports, whether the student has reached the objectives described in the syllabus. The Master's thesis is evaluated by determining whether it contributes to research from an original perspective, and whether the student has in-depth knowledge that functions as a foundation for research and operational duties with expertise, and by evaluating final exams.

#### Diploma policy

The Graduate School of Dentistry awards a Master's degree to a student who has studied the required subjects set according to the school's educational philosophy and objectives, has completed the study credits required by the school, has acquired the knowledge and skills as described below, and has passed the Master's thesis review and the final examination.

- (1) Be able to carry out specialized research in one's field or engage in a high-level specialized occupation with a broad perspective and leveraging specialized knowledge and advanced technology
- in dental science, dental care, oral health, and other such disciplines.
- (2) Be able to contribute to the improvement of health and welfare by addressing societal and scholarly needs regarding dental science, dental care, and oral health with high ethical standards and a firm sense of responsibility.
- (3) Possess an international perspective and communication skills, and be able to apply them to dissemination of one's specialized research findings, or to one's high-level specialized occupation.

#### Master's course program

#### Classes (minimum credits, 30)

**Required** (16 credits)

Introduction to Dentistry, Special Training for Master's Thesis Preparation,

Basic Technical Course in Dental (Minimum of 3 classes in each of the following courses to be completed: )

Electives (14 credits) Minimum of 7 of the following courses to be completed:

Oral Biology, Oral Pathophysiology, Biomaterials for Regenerative Medicine, Introduction to Digital Engineering in Dentistry, Food Science, International Dental Health, Social Dentistry, Comprehensive Dentistry, Oral Health Care for Children and Adolescents, Oral Restoration, Stomatognathic Function, Special Needs Dentistry, Geriatric Dentistry, Dental Infection Control, Oral and Maxillofacial Reconstruction, Digital Engineering in Dentistry, Disaster Dental Science, Environment Dental Science, Oral Health Science, Medical Ethics and Social Ethics, Innovative Dentistry, Introduction to Physical Anthropology, Oral Health Management for Cancer Patients, Introduction to Clinical Dentistry Tour of Dental Clinic

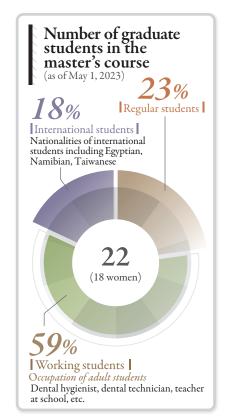


**Course acceleration** 

Students with excellent research achievements (eg, a first-authored paper accepted by an established journal) may complete the course in one year.

Long-term enrollment

Working students and those with a compelling reason for long-term enrollment may stay in the course for up to 4 years with no extra cost other than the 2-year tuition.



#### Admission fee and tuition

Admission fee 282,000 yen

Tuition (yearly) 535,800 yen

\*The amount of the admission fee and tuition is subject to change. The newly established amount will be applicable at admission or while the student is enrolled.

# Financial support system

# H

#### Admission fee/tuition waiver

Students having difficulty paying fees may, pending application and screening, be exempt from paying tuition (all, two-thirds, half, or one-third of the amount) or be allowed to defer the payment or pay in monthly installments. Likewise, students may be exempt from paying admission fees (all, two-thirds, half, or one-third of the amount) or be allowed to defer the payment.

Application information will be announced in February and August. Please see the campus bulletin board and website (http://www2.he.tohoku.ac.jp/menjo/) for eligibility and the application period.

#### Scholarship -----

# Japanese Government (MEXT) Scholarship with Embassy Recommendation

You are advised to contact the Japanese Embassy 1.5-2 years before your enrollment. For details, please contact the Japanese Embassy or a consulate directly.

#### **Tohoku University Global Hagi Scholarship**

This scholarship is aimed to nurture "leaders capable of creativity and innovation" who will contribute to scientific and technological development.

With the scholarship (600,000 yen annually), the students are promised to be concentrated on their research. The Educational Affairs Section will inform you when the application opens.

# Pioneering Research Support Project for PhD Students

The project is aimed at excellent PhD students with a strong desire to pursue studies/research in interdisciplinary, international, or academic/industry collaborative areas. Details will be informed when the application opens.

#### **Other Scholarships**

Self-financed students have opportunities to apply for various scholarships funded by Tohoku University and private foundations. You can apply for them only after your enrollment. The Educational Affairs Section will inform eligible students every time the application opens.

#### Funding .....

# Part-time job within the university as a Teaching Assistant (TA) and/or a Research Assistant (RA)

Students who assist in classes or research activities will be paid an allowance (hourly rate). The program provides students with financial support as well as opportunities to teach and instruct other students or learn how to proceed with research activities and construct theories.

#### School of Dentistry Researcher Development Program

The School of Dentistry has a researcher development program to help doctoral students become international researchers and enhance their research activities. Up to 300,000 yen will be paid per student as travel expenses and conference participation fees.

# Japan Society for the Promotion of Science Fellowship Program

The program provides fellowship support to researchers with excellent research ability, who are taking or have completed the doctoral course and wish to join research institutes such as universities in the future. A monthly amount of 200,000 yen (estimated in 2023) will be provided to fellows in the doctoral course.

Student's Message

#### Innovation in Dentistry

When I was an undergraduate student, a question perplexed me a lot — What drives and advances the current Dentistry field? I spent three years exploring this question during my master's degree at Tianjin Medical University, China, but I didn't fully understand it. To keep exploring and finding the answer, I decided to continue my research path. Fortunately, Tohoku University Graduate School of Dentistry helped me to realize this dream. With the opportunity of the Doctoral Fellowship and Tohoku University President Fellowship, I can stick to my work without any worries and be supervised by Professor Hong Guang in the division of International Collaborative and Innovative Dentistry.

Looking back at the history of the development of dentistry from a worldwide perspective, dentistry has advanced significantly with the development and integration of materials and technology. In our laboratory, we focus on the prospect of new biomaterials for dental applications, including Zirconia Implants and nanotube structure. We made all these efforts to develop new materials and technology to accelerate the innovation of today's dentistry. Based on diversified research and investigation, we students can conduct research under the guidance of experienced faculty members and could collaborate with other institutions and researchers. In addition to academic training, the Graduate School of Dentistry also has a supportive and collaborative learning environment. With opportunities to meet short-term exchange students from top Universities through Sakura Science and Campus Asia Plus in Dentistry (CA+inD) programs, we can learn from each other.

By and large, studying at the Tohoku University Graduate School of Dentistry not only helps me academically, but also enriches my life experience. After finishing school, I want to pursue professional

opportunities in Japan or other countries. If you ask me "How was your university life at the University of Tohoku:" I would say "It was truly an impressive and life-changing experience".

Doctoral 3<sup>rd</sup> year | from China

Ma Aobo

# Variety of educational programs

#### **Double degree program**

The double degree (DD) program of Tohoku University Graduate School of Dentistry is a graduate school educational project involving the major graduate schools of dentistry in China and South Korea to improve dentistry and dental care in Asia by developing Asian standards through innovative dentistry based on global and integrated knowledge.

In the DD program each graduate student enrolls at two universities and studies at the sister school for a specific period of time. The DD program offers an opportunity to study under the faculties of two universities at the same time. Students will be able to earn degrees from both universities if the requirements are met.

#### The International Priority Graduate Program - Advanced Graduate Course for International Students -

Tohoku University Graduate School of Dentistry has launched the new PhD degree program "The International Priority Graduate Program- Advanced Graduate Course for International Students-" since 2014. The international students being accepted at this program can be adopted as a Japanese Government (Monbukagakusho: MEXT) Scholarship student. This program accepts excellent students from Southeast Asia, Southwestern Asia, Southern Asia and the East Asia countries.

#### Coordination with other research departments and institutions

A cross-department, integrated educational program involving the Schools of Medicine, Pharmacy and Engineering is available for the students at Tohoku University School of Dentistry. Students will be able to receive guidance from members of non-dentistry faculties.

#### Future Global Leadership Program

Tohoku University Graduate School of Dentistry has launched the new course "Interface Oral Health Science Course" taught entirely in English since 2011.

The conceptual objective of the "Interface Oral Health Science Course" is to integrate the diverse research achievements of the Graduate School of Dentistry in order to advance the understanding of issues concerning oral health. We offer an English education program covering wide range of Oral Health Science.

#### Mater's Degree and Internship **Program of African Business Education** Initiative for Youth (ABE Initiative)

Tohoku University Graduate School of Dentistry has launched the new Master's course "Mater's Degree and Internship Program of African Business Education Initiative for Youth (ABE Initiative)" since 2015. The objective of this program is to support young personnel who have the potential to contribute to the development of industries in Africa. This program offers opportunities for young African personnel to study at master's courses in Tohoku University as international students. Japan International Cooperation Agency (JICA) will provide the tuition fee, living allowance and round-trip airfare for participant of the program.

#### Dental oncologist training course

This course provides training for dentists to become dental oral surgeons specializing in oral cancer treatment.

Students will take the systematic lecture course to obtain general and particular knowledge about clinical oncology required for cancer treatment, participate in clinical work at affiliated institutions and related departments at the School of Medicine and prepare a thesis related to oral oncology in the doctoral dissertation program.

#### Student's Message

# Choosing the Graduate School of Dentistry as your study abroad destination

The Graduate School of Dentistry at Tohoku University is widely recognized as one of the best dental schools in Asia. The school's research-oriented curriculum and state-of-the-art facilities make it the ideal destination for anyone looking to

and state-of-the-art facilities make it the ideal destination for anyone looking to expand their knowledge and skills in the field of dentistry. As an aspiring dentist, I have always been fascinated by the innovative research and cutting-edge techniques being developed in the field of dentistry. This is why I have decided to pursue my graduate studies in dentistry at the Graduate School of Dentistry in Sendai, Japan.

My research at the Graduate School of Dentistry focuses on "bacteria and blood-brain barrier disruption". Through this research, I hope to contribute to the development of more patient-friendly treatments that minimize pain and discomfort. Studying at the Graduate School of Dentistry has been an incredibly rewarding experience. In addition, the school's location in the beautiful city of Sendai provides a rich cultural experience and numerous opportunities to explore Sendai provides a rich cultural experience and numerous opportunities to explore Japan. Living in Sendai has been an unforgettable experience. The city's vibrant culture and friendly people have made me feel at home from the moment I arrived. In the future, I hope to use the knowledge and skills I have gained at the

Graduate School of Dentistry to make a positive impact in my community. Whether it is through providing high-quality dental care to underserved populations or conducting groundbreaking research, I am committed to using my education to make a difference in the

Doctoral  $3^{rd}$  year | from China

Wei Wei



# Entrance examination information

#### Selection procedures

	Doctoral course	Master's course
Special screening for foreign exchange students	Written examination (specialized subject) Interview Application screening	Written examination (Short essay writing) Interview Application screening

#### Qualification Screening

Applicants who graduated from foreign universities have to undergo the qualification screening for application in advance. Please contact us by e-mail before the beginning of qualification screening, if applicants want to obtain more detail information.

e-mail: international@dent.tohoku.ac.jp

#### **Examination schedule**

	Admission in October 2023	Admission in First Recruitment	Second
Accepting applications for Qualification Screening	May 22 to 26, 2023	May 22 to 26, 2023	October 23 to 27, 2023
Accepting application	June 5 to 9, 2023	June 5 to 9, 2023	November 6 to 10, 2023
Examination date	July 7, 2023	July 7, 2023	December 7, 2023
Announcement date of examination results	July 20, 2023	July 20, 2023	December 21, 2023

# ECOLOGICAL DENTISTRY

# Oral Ecology and Biochemistry Professor | Nobuhiro Takahashi

The oral cavity forms an ecosystem where the host (humans) and microbiome (a tremendous number of microorganisms) cohabit. Using leadingedge techniques, we conduct research on the role of oral microbiome in oral/systemic health and disease from an oral ecological viewpoint. In addition, we propel clinical research on caries/periodontitis-preventive effects of xylitol, fluoride, tea catechins etc, and on microbiome-induced deterioration of biomaterials. We also conduct metabolic studies on host

Main research themes

cells, including oral cancer cells.

- Genomics, proteomics and metabolomics of oral microbial ecosystem (oral microbiome)
- · Biochemical and molecular biological studies on metabolism of oral microorganisms using an anaerobic experimental system and the association with systemic / oral health and diseases
- · Biochemical studies on caries / periodontitis preventive properties of fluorides, sugar alcohols and tea catechins
- Evaluation of cariogenic potential of food products and sweeteners by pH-telemetry using miniature transistor pH electrode
- · Biochemical studies on oral microbiome-induced deterioration of dental biomaterials
- Metabolism of host cells, including oral cancer cells



▲"The anaerobic experimental system" that creates anaerobic and hypoxic conditions

# 66 Oral Microbiology 99

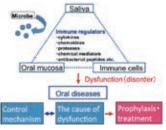
## Oral Molecular Bioregulation Professor

Shunji Sugawara

Interaction among oral mucosal cells, saliva and immune cells through immune regulatory factors and cell-to-cell contact is critical for mucosal defense, and dysfunction (disorder) of the interaction leads to onset of oral mucosal and salivary gland diseases. We investigate the underlying molecular mechanism to overcome these diseases. Moreover, we investigate the innate immune responses induced by the infection with oral bacteria, especially the enhancement or failure of immunological homeostasis in the oral mucosa.



- · Host Defense and Diseases in the Oral Mucosa
- Inflammatory Mediators and Cytokines in Pathological Conditions
- Immune Regulation of Saliva and Diseases in the Salivary Glands
- · Mechanism of Metal Allergy Development
- Regulation of Inflammation by Biotin
- · Role of chronic allergic inflammation in oral infectious diseases
- · Role of epithelial barrier dysfunction in oral infectious diseases
- · Regulation of oral mucosal homeostasis by oral commensal bacteria
- Innate immune responses of bacterial cellular components





 P. gingivalis increases IL-33 expression in epithelial cells.

# Periodontology and Endodontology Professor

One of our projects is studying on the onset mechanism of periodontal disease (marginal and apical periodontitis), representative chronic inflammation in the oral cavity, in terms of the interaction between host cells and bacteria, and also we study on the regenerative mechanism of periodontal tissue. In addition, I perform the study for apply ME such as lasers for periodontics and endodontics.



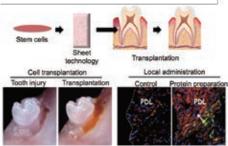
- · Analysis of the onset mechanism of marginal and apical periodontitis
- Analysis of the interaction between cells in the periodontium
- · Analysis of the periodontal regenerative mechanism and application to the treatment
- Development of method for periodontal diagnosis using ME
- · Development of periodontal regenerative therapy using new biomaterials



▲The calcified nodule formed of Periodontal Ligament Cells

#### Operative Dentistry Professor | Masahiro Saito

We work mainly on research of the following topics from a clinical perspective: physical properties of composite resins used in restoration for diseases of the hard tissues such as the dental carries; measurement of adhesive strength onto enamel and dentin; observation of adhesion/joining conditions by electron microscope; long-term clinical performance of oral restorative materials using the replica method; conformity precision with respect to castability of titanium restorative materials and dentin; and strengthening of the physical properties of porcelain inlays. We also work on clinical studies that are re-restoration treatment with materials not containing allergic materials, and application of novel disinfecting technique using functional water. In addition to these studies, we develop regenerative therapy which expected to create innovative dental therapeutic systems in the 21st century. A feasibility study of the realization of tooth regeneration therapy is performed in research projects that are stem cell transplantation and local administration of bioactive molecules.



 Development of tooth regeneration therapy A model for tooth regeneration therapy (Upper panel) Cell transplantation by using sheet technology (Lower left panel) Local administration of bioactive molecules (Lower right panel).

Main research themes

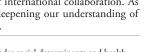
- Development of Tooth Regeneration Therapy
   Investigation of Molecular Mechanisms that regulate Periodontal ligament formation
   Research Related to Physical Properties and Adhesion/Joining Conditions onto Dentin of Composite Resin
- Research Related to Dental Precision Casting and Level of Conformity of Pure Titanium and Titanium Alloys
   Research Related to the Strengthening of Physical Properties and Clinical Application of Ceramic Inlays

# COMMUNITY SOCIAL DENTISTRY

#### International Oral Health Professor | Ken Osaka

Our research mainly focuses on the influence of socioeconomic and behavioral factors on oral health. Our studies have consistently shown that socioeconomic status has an impact on oral health. On the other hand, studies have shown that oral health is associated with the tendency to become functionally dependent and increased risk of pneumonia deaths.

We have worked on training young researchers in developing countries as a kind of international collaboration. As well as analyzing the oral health conditions and health inequalities in Japan and deepening our understanding of the dental care system and long-term care insurance system for the older population.





- Association between oral health and social-economic and behavioral factors.
   Understanding the underlying mechanisms that lead to associations between broader social determinants and health
- The oral health care system and health inequalities.
- Infectious disease countermeasures and risk management.

#### Dental and Digital Forensics

Professor | Ken Osaka (collateral office)

Forensic dentistry is the science concerning the application of dental evidence to the resolution of legal problems. We aim to integrate the advanced knowledge and skills of information science into conventional research methods in forensic dentistry. Our division is the first and only one laboratory in the northern Japan, engaged in research and education of forensic dentistry. The education goal of the division is that the students gain knowledge and understanding of the process of forensic dentistry in Japan and of personal identification using dental records or skeletal remains.



- · Morphological studies on the human skeletal remains
- Mass fatality incident management and assistance
  Comparative odontology on the mammals
- Application of dental Information in identification
- Morphological studies on the teeth of Japanese

#### Preventive Dentistry Professor

Takeyoshi Koseki

The Division of Preventive Dentistry aims to prevent all oral disorders and to promote and maintain oral health and its full function. We are also in charge of the Department of Oral Supportive Management and Care at Tohoku University Hospital, developing clinical and research activities focusing on perioperative oral functional management of cancer patients.



Portable measur ing system of oral



- Prevention and treatment of cancer therapy-induced oral adverse events/oral mucositis
- Patient survey of consciousness on perioperative oral management and care
- · Research on protective devices in tongue brachytherapy
- Association of breath and oral environment with bone metastases and skeletal related events of breast cancer
- Impact of COVID-19 on oral cavity
- · Study of diagnosis and prevention of early caries of enamel and root surfaces
- Development of evaluation methods and recording systems of dental clinical skills

# • Pediatric Dentistry

Professor Satoshi Fukumoto

Our division promotes clinical, basic and epidemiological research for tooth development, tooth trauma, mucosal disease to create healthy oral environment in children.





 Enamel dvsplasia using gene target ing (left). Control of tooth width using gene manipulation.



- · Identification of novel gene involved in tooth development
- Analysis of gene associated with oral disease
   Development of stem cell research associated with syndromes
- Study of enamel formation
- · Regeneration of tooth and salivary gland using tissue engineering
- · Evaluation of new materials for prevention of dental caries

## 6 Craniofacial Anomalies

Our division is a clinical dentistry field specializing in research on the diagnosis and treatment of craniofacial anomalies, including cleft lip and palate.



- Research on the diagnosis and treatment of craniofacial anomalies, including cleft lip and palate
   Research on the role of immune cells in osteoclastogenesis
   Research on growth and development of children with cleft lip and palate

- Objective evaluation of oral sensation with somatosensory evoked magnetic fields
  Development of a new anti-inflammatory bisphosphonate that also promote bone formation





▲ Anterior maxillary distraction osteogenesis (AMDO) appliance

# 66 Orthodontics and Dentofacial Orthopedics

One of the clinical dental department that focus on a research related to the diagnosis and treatment of abnormal morphological and functional occlusion. Our aim is to develop a new diagnosis and treatment methods and to elucidate craniofacial growth mechanics, by various clinical and basic scientific research.

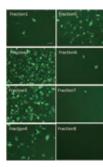
We also offer a 3-year postgraduate orthodontic clinical training program with addition to the PhD course. Our department is accredited by the Japanese Orthodontic Society as a training institute for orthodontic specialists.

Main research themes

- 1. Clinical researchDevelopment of temporary anchorage
- devices for orthodontic treatment
   Evaluation on outcomes of orthodontic treatment
- Analysis on maxillofacial morphology and facial soft tissue
- · Study on the relationship between malocclusion and orofacial function
- · 3D simulation of surgical orthodontic
- Basic research
   Clarification of biomolecular mechanism of orthodontic tooth movement
- Clarification of biomolecular mechanism of craniofacial development
  Clarification of responses of osteocytes, periodontal tissue cells and chondrocytes against mechanical stress
- Development of orthodontic materials
   Development of acceleration techniques of orthodontic tooth move-
- ment with physical stimulation

  Clarification of regulatory mechanism in endochondral ossification

  Study on effects of joint loading on extracellular matrix (ECM) expression of temporomandibular joint



Fluorescent images of osteocytes

# DISEASE MANAGEMENT DENTISTRY

# 66 Oral Physiology Professor | Junichi Nakai

Oral physiology mainly concentrates on the research on biological processes in the oral and maxillofacial regions. We are in the field of fundamental studies that establishes basic theories from our understanding of physiological functions, such as mastication, oral sensation including gustatory sensation, function of saliva and vocalization. Presently, many still unanswered questions exist in regards to the oral and maxillofacial region's connection to overall bodily functions, including higher brain functions. In the department of oral physiology we focus on individual organism and cell level research that investigate these questions by using electrophysiological and molecular biological techniques.



▲A spinal dorsal horn neuron and



▲Distribution of synapses between a spinal dorsal horn neuron and serotoninergic axon terminals.



- Neural mechanisms of sensory and motor system
- Psychophysical studies on gustatory function and oral fat sensitivity
- · Molecular mechanisms of differentiation, regeneration, and apoptosis in osteoblasts and neurons

# 66Dental Pharmacology 99 (Professor |

The major goal of our research programs is to elucidate the operating principles of the body to keep homeostasis on the molecular level by utilizing electrophysiological and molecular biology techniques. Specifically, we are interested in "mechanisms to regulate intracellular Ca<sup>2+</sup> concentration", "transduction mechanisms of oral sensations", and "regenerative medicine".



- Functional analysis of Ca<sup>2+</sup>-permeable cation channels
- Molecular and neurobiological studies of taste, pain and mechanical stress sensations
- Developmental biology and morphogenesis of bone and teeth
- Chemical and pharmacological approach to stem-cell biology and regenerative medicine

Periodontal ligaments enhance neurite outgrowth in trigeminal ganglion neuron through Wnt5a production induced by mechanical stimulation



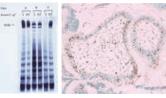
# 6 Oral Pathology

( Professor | Hiroyuki Kumamoto

To clarify the etiology, pathogenesis, pathophysiology, and outcome of various lesions occurring in the oral and maxillofacial region, basic macroscopic and microscopic observations as well as further analyses are performed. Our division research fields are as follows.



- Molecular pathology of lesions of the jaws
   Clinicopathological and genetic studies of developmental abnormalities of the teeth
   Clinicopathological and immunohistochemical studies of the oral immune diseases and cancer
   Investigation on regeneration of the oral and maxillofacial tissues and application of biomaterials



Expression of telomerase in ameloblastoma (a: TRAP assay, b: immunohistochemistry)

## (Dental Informatics and Radiology )) (Professor |

Our main research themes include the development of new medical devices and new treatment support systems in collaboration with other faculties, and research on improving diagnostic accuracy for oral and maxillofacial diseases using the latest imaging modalities, such as CT, MRI, Ultrasonogram, and nuclear medicine imaging. In addition, clinical research on oral management for patients with systemic diseases is performed in collaboration with the Perioperative Oral Health Management Department.

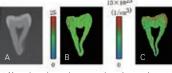
Main

research themes

Main reșearch

themes

- (1) Development of new medical devices(2) Imaging diagnosis of oral and maxilla-facial lesion(3) Study on the relationship between systemic diseases and oral conditions



 X-ray imaging using a semiconductor detector. which is currently under development, can reveal the effective atomic number and electron density of a material. A; Plane X-ray image, B; Color image of effective atomic number, C; Color image of electron

# 66 Oral and Maxillofacial Reconstructive Surgery

Kensuke Yamauchi

Our department focuses on the treatment of diseases with skeletal deformities in the maxillofacial region, with the goal of reconstructing morphology and function up to the restoration of occlusal function. We strive to restore function through reconstruction, including dental implants, not only for jaw deformities, temporomandibular joint disorders, congenital and acquired deformities, and traumatic injuries, but also for secondary problems caused by morphofunctional abnormalities resulting from treatment of inflammation (including osteomyelitis), tumors, and other diseases

· Molecular biological analysis of bone morphogenetic mechanisms and bone morphological repair

Development of bone regenerative method by applying the fracture healing process

Development of new medical technology applying advanced medical equipment in the treatment of

- Molecular biological analysis of trauma and temporomandibular joint diseases to minimally invasive
- surgical therapy

  Development of futuristic oral surgical treatment by telemedicine and computer-assisted surgery



▲ Occlusal reconstruction using dental implants for the resected mandible caused by oral cancer

Tsuvoshi Sugiura

# 6 Oral and Maxillofacial Oncology and Surgical Sciences

With the goal of reducing the number of patients who die from oral cancer to zero, we asked questions such as, "How can we detect it at an early stage?", "Can we prevent oral cancer?" "How can I treat it so that it does not cause functional impairment?'

We are conducting research on these questions,

- · Development of early detection methods and biomarkers for oral cancer
- Development of oral cancer diagnostic method using AI Research on control of oral cancer
- Research on oral microbiota that triggers oral cancer Study of oral microbiota that triggers cancer in other
- Development of new treatments for oral cancer Research on surgical reconstruction treatment for oral

Professor

Study of oral cancer circulating tumor cells(CTC) Analysis of genetic abnormalities in oral cancer

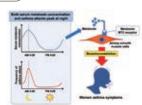
It is possible to diagnose oral cancer by measuring miRNA in serum.

#### Dento-oral Anesthesiology Professor | Kentaro Mizuta

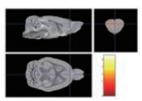
Our research advances discovery in perioperative medicine and in a variety of related studies. The department's current studies include research in lung physiology and immunology, neuroscience, orofacial pain, clinical outcomes, robotic anesthesia, and more.



- Exploring novel therapeutic targets for bronchospasm, asthma, and COPD.
- Exploring pathogenesis of orofacial pain by in vivo multiscale brain imaging.
   Development of artificial intelligence-assisted robotic system for anesthesia.
   Development of new strategies to expand regulatory T cells for the therapy of allergic and autoimmune diseases.
- Clarification of the regulatory mechanisms of histamine production and its function.
- Exploring the effects of anesthetics on cell metabolism.



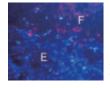
▲ Melatonin MT2 receptor-mediated



▲ Analysis of brain function in animal models of neuropathic orofacial pain

#### Comprehensive Dentistry Professor | Masahiko Kikuchi

The department of comprehensive dentistry aims to develop superior primary care in general dentistry and also practices the management of clinical training program for post graduate residents. Furthermore, following basic and clinical research projects are conducted with the graduate students of this department.



◆The role of epithelial rests of Malassez to promote periodontal regeneration



- Periodontal regeneration using periodontal ligament cells
   Relationship between dental diseases and systemic illness
   Circadian rhythm of dental pain
- Oral hygiene and oral microorganisms in the elderly
- Development of effective treatment methods in primary care

# REHABILITATION DENTIS

#### Oral and Craniofacial Anatomy Professor | Ken Osaka (collateral office)

Our division has research themes about the human anatomy, particularly focused on oral structures. The morphology of human and other mammalians is also compared. In addition, we are interested in motor, sensory and autonomic systems of oro-facial regions. For this purpose, the distribution and function of neurotransmitters, neuromodulators and others substances is investigated in the central and peripheral nervous systems. Morphometric methods are used for these anatomical and microscopic studies.



▲ Arrows (A) and arrowheads (B) indicate TRPV1-positive nerves and TRPV2-positive cells in the rat pharyngeal mucosa, respectively.

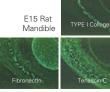
- Distribution and function of various sensors in the orofacial and cervical regions of human and other mammalians
- Change and mechanism of the pain threshold in animal chronic pain models • Mechanism of motor and sensory dysfunction in muscular atrophy diseases

# 66 Craniofacial Development and Tissue Biology 99 Professor |

We have been investigating development, regeneration and healing of bones and teeth using rat experimental models. In particular, we are interested in regulatory mechanisms of extracellular matrices on cell and tissue differentiation in the calcified tissues.



- Regulatory mechanisms of extracellular matrices on differentiation of osteoblasts, chondrocytes, cementoblasts
- Remodeling of extracellular matrices in the calcified tissues during development, regeneration and healing • Differentiation and maturation of cells and extracellular matrices in the calcified tissue during development,
- regeneration and healing
   Regulatory mechanisms of calcification



▲Expressions of extracellular matrix molecules in a rat embryon

#### Dental Biomaterials Professor | Osamu Suzuki (collateral office)

Dental and medical restorative materials are studied under developments of dental alloys, magnetic materials and devices, new implant materials, and machining and forming methods. Furthermore, degradation and safety of the dental restoration materials are inquired.







- Development of new dental titanium alloys and their clinical application
- Research on mild antimicrobial or bacteriostatic dental alloys
- Research on functional devices and dental applications using magnets Research on new cutting- free dental materials suited to the CAD/CAM system
- · Research on deterioration and safety of dental materials in an oral cavity





#### Craniofacial Function Engineering (CFE)

Professor Osamu Suzuki

We are focusing on the fundamental science and the applied research of tissue engineering with the biomaterial science and biology to investigate about regeneration of various bone defects in the fields of dentistry, oral surgery, and an orthopedic surgery. Especially, we are developing new functional biomaterials and new devices based on biomimetics.



Main research themes

Main

research themes

- Bone regeneration using the synthetic octacalcium phosphate (OCP), which is originally developed in our laboratory and becoming clear to be replaced to hydroxyapatite (HA) spontaneously when
- Device development of the controlled release of the growth factors which reproduce bone and
- periodontal tissues
  Surface designing of the metal implants using calcium phosphates to increase bone regeneration capability and mechanical adaptability
- Elucidation of biomineralization and its application to bone regeneration using synthetic or natural
- Development of the drug and the gene delivery methods utilizing the synthetic calcium phosphates and translational research into bone regeneration field
- Micro-nano manipulation technology in cell culture and examination using tissue engineering methods
   Development of the method to evaluate bone quality of the regenerated bone tissue



The bone regeneration research using th originally developed artificial material (synthetic octacalcium phosphate (OCP)) to induce differentiation of osteoblastic cells and analysis of bone regeneration mechanisms.

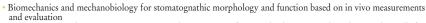




▲Development of the culture device to load a mechanical stress on osteoblasts and chondrocytes. Analysis of stem cell differentiation process into osteoblasts and chondrocytes using the micro-nano manipulation technology

## Advanced Prosthetic Dentistry Professor | Hiroshi Egusa (collateral office)

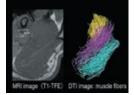
Focus of research and education of our division is on reconstruction of morphology and function of the patients with partial edentulism or maxillofacial defects. In addition to developing the conventional prosthodontic modalities such as removable and fixed dentures, we aim to create novel prosthodontics utilizing the dental implant, tooth transplantation, and tissue regeneration, and to clarify the biomechanical and mechanobiological interaction at the interface between prostheses consisting with biomaterials and living tissues, which is essential for the success of prosthodontics.



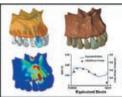
Studies on transplantation, regeneration and construction for prosthodontics, implantology and maxillofacial rehabilitation

cial renabilitation
Studies on development and clinical application of novel biomaterials and creation of novel interfaces for prosthodontics, implantology and maxillofacial rehabilitation
Developmental and translational research for novel dental treatment technology and dental equipment based upon multi-disciplinary research and academia-industrial collaboration

Studies on clinical outcome of prosthodontics, implantology and maxillofacial rehabilitation



▲Muscle fiber analysis using



Peri-implant bone stress distribution analysis by FEM

# Molecular and Regenerative Prosthodontics Professor

Our major research focus is the development of next-generation biotechnology to 1) regenerate missing alveolar bone and teeth for functional and esthetic rehabilitation using cells and biomimetic materials and 2) introduce tailor-made diagnostics for prosthetic and implant treatments to prevent further tooth loss.

- iPS cell-based oral tissue engineering
   Biomimetic materials for bone regeneration/dental implant
- Osteo-immunology in alveolar bone resorption
  Bone organoid fabrication focusing on clock genes
- Development of therapeutic protein drugs for periodontal tissue regeneration
   Development of genome-based diagnostics for prosthetic/implant treatments
   Basic and clinical research on CAD/CAM-generated dental restorations

- Basic/Clinical research for dental metal allergy
   Development of AI evaluation system for tooth preparation

▶The patient's gingiva resected during dental treatment is a promising iPS cell source for oral tissue engineering applications, as well as for in vitro applications for tailor-made diagnostics.



# Maging and Geriatric Dentistry Professor

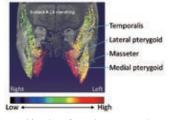
Yoshinori Hattori

Through gaining a broad range of experience on dental practice, which includes collaboration with various different professions, in outpatient and domiciliary care, we examine how best to ensure geriatric oral health care in the future. We also spend enormous effort investigating the interrelation between oral and systemic health/QoL thorough longitudinal cohort study, and also developing evaluation and rehabilitation methodologies of various oral functions.



- Analysis of causal relationship of oral and systemic health/QoL through large-scale cohort study.
- Development of evaluation methods of oral functions by applying and combining diverse modalities. Research on the aging of oral functions

Study on the delivering system of multidisciplinary dental care for the elderly



▲Mapping of masticatory muscle activities registered by using mfMRI

#### Innovative Liaison Dentistry

# 66 International Collaborative and Innovative Dentistry ? Professor

Guang Hong

Our major research is focus on development and applied research of biomaterials and digital transformation in health care and educational settings based on the international industry-academia/interdisciplinary collaboration to improve oral health related QOL.



- Development of functional biomaterials
  Rheology of biopolymer materials
  Development of metal free dental implant materials
  Establishment of the international standard of dental materials

Research and development on digital transformation in healthcare and educational settings



16

#### 66 Co-Creative Dentistry

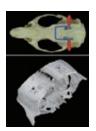
Professor | Hiroyasu Kanetaka

Our major researches are focus on translational research and regulatory science based on interdisciplinary research, industry-government-academia collaboration research.

Main research-themes

- Translational research on medical device / material development
   Regulatory science through industry-government-academia collaboration
   Formulation of international and domestic guidelines for various medical devices and materials
- Development of advanced medical device / material through interdisciplinary research
   Development of medical system applying the latest AI technology
   Development of new functional food through industry-academia-government collaboration
- · Brain function analysis for oral functions
- Application of next-generation synchrotron radiation to the dental field

▶ Cranial suture expander using newly developed nickel-free shape memory alloy (Upper figure) Application of expanding force to the rat parietal sagittal suture (Lower figure) Micro CT image (2 weeks after application): The suture enlargement and bone addition were confirmed.

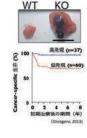


# MOLECULAR PATHOGENESIS OF ORAL TUMOR

# Oral Cancer Therapeutics

Professor Hisanori Horiuchi

Small GTPases function as molecular switches in cell proliferation, cell movement and intracellular traffic. We are investigating roles of small GTPases in oral cancer proliferation, invasion and metastasis. Bisphosphonates are used for the therapy of osteoporosis by inhibiting lipid modification of small GTPases in osteoclasts. We are also investigating about the posttranslational lipid modification.



◆We have discovered an inhibitory regulator of small GTPase Ral, RalGAP. In its KO mice, chemically induced bladder cancer were large and with high malignancy, compared to wild type (WT). Then, human bladder cancer with weak expression of RalGAP exhibited poorer prognosis compared to that with stronger expression. Thus, RaIGAP could inhibit bladder cancer progress



- Regulatory Mechanism of Oral Tumor Proliferation, Invasion and Metastasis by Small GTPases
- · Research on Lipid Modification of small GTPases

# Dental Nuclear Medicine and Radiology

Professor | Yasuyuki Taki It is important to preserve our cognitive function for entire life by preventing us from pathological brain aging in a super-aging society like Japan. In the situation, we aim to understand the recent researches for the relationship between dental issues and dementia, and also under-

Main research themes

- · Pathogenesis of the relationship between dental issues and dementia

stand the methodology of brain MRI image analysis.

Methodology of brain MRI image analysis
 Methodology of brain and dental imaging epidemiology

# BIO-DENTAL ENGINEERING

6 Bio-Dental Engineering

# ADVANCED BIOMATERIALS +

66 Advanced Biocompatible Materials 99

6 Advanced Biofunctional Materials

research themes

# IMMUNE REGULATION AND ORAL IMMUNITY +

#### 66 Immune Regulation and Oral Immunity 99 Affiliate Professor | Satoshi Takaki

The oral mucosa is a front line of host defense system against microbes and hazardous antigens. It also becomes targets of inflammation caused by autoimmune or allergic responses. Immune regulation of oral immunity is critical issue to control infections and keep Quality of

Life (QOL) of disease patients. We are investigating, 1) Signal transduction and regulation by microenvironments operating in the host defense system, 2) Mechanisms for the production of autoantibodies involved in the disease development and maintenance of autoimmune disorders including Sjögren syndrome, 3) Regulations for the maintenance and expansion of tissue stem cells, to manipulate and regulate immune responses in oral mucosa.





 Signal transduction and regulation in humoral immune responses
 Mechanisms for the generation and function of auto-antibodies involved in various • Development of methods for manipulating or reconstituting the immune system

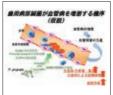
I ymphocyte progenitor cells growing on bone marrow stromal cells

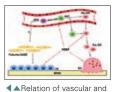
A newly identified regulation by Lnk adaptor protein in signaling through integrins

# GERIATRIC ORAL SCIENCE

#### Geriatric Oral Science Affiliate Professor | Kenji Matsushita

Japan has the highest longevity in the world. Maintaining the quality of life (QOL) of elderly is important for each individual and society. Our department conducts research on the molecular and cellular biology of bone and joint diseases (including alveolar bone and the temporomandibular joint) that lower the QOL of the elderly, and basic and clinical research on caries and periodontal disease causing tooth loss from the viewpoint of vascular biology and bone metabolism.





Main

- The role and application of nitric oxide in the periodontal tissue
- Diagnosis and control of the periodontosis
- Exploratory research of the aging and disease related biomolecule by Omics analysis

# REDOX REGULATION

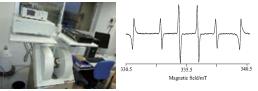
#### Advanced Free Radical Science Professor | Nobuhiro Takahashi (collateral office)

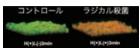
Professor

Free radicals are generated in the innate immune system to kill or inactivate invading microorganisms. On the other hand, excessive free radical generation causes damage on healthy tissue. Thus, the control of free radical generation is a critical issue in the field of medicine. In our laboratory, we have conducted research to develop dental therapeutic devices based on antimicrobial chemotherapies utilizing the control technology of free radical generation.



- R&D of dental therapeutic devices based on radical disinfection tech-
- Development of novel antimicrobial treatment utilizing pro-oxidant activity of photo-irradiated polyphenol





▶ ◀▲ Free radicals can be determined by using an electron spin resonance spectrometer. Microorganisms in biofilms are effectively killed by the radical

# **NEXT-GENERATION DENTAL MATERIAL ENGINEERING**

# Next-Generation Dental Material Engineering

Professor | Hiroshi Egusa (collateral office)

In our research of dental equipment and materials, our aim is to deliver a healthy society for our ageing population by ensuring that diverse innovative new technologies that lead the way in the reform of clinical practice are promptly applied in the field of dentistry and used in clinical applications. We will analyze the basic technical properties of dental equipment and materials for reconstruction of lost teeth and bone tissue, and we will study the design, processing and biological safety of materials including their ability to function as intermediate materials. We will also develop mandatory test methods to ascertain the long-term durability of the materials themselves in the oral environment so that they can continue to function and maintain their shape when used in vivo.

Main research themes

Research of materials for dentures and dental restorative materials that can contribute to oral health care, and an evaluation of their technical

The roots of Tohoku University Hospital lie in the Sendai-han (domain) Medical School established in 1817, which became the Tohoku Imperial University College of Medicine Hospital in 1915, and Tohoku University Hospital was born. Tohoku University Hospital is government-certified as an "advanced treatment hospital," and one of our missions is safely providing sophisticated medical care as well as development and training in this field. In the hospital, the Dental Division is composed of 11 specialized clinical departments as well as 6 facilities and 3 centers for specific disorders (see figure below).

To promote Interface Oral Health Science (IOHS), which is an original concept introduced by the Tohoku University Graduate School of Dentistry, it is essential to commit to not only basic research but also high-quality clinical research and clinical trials. Tohoku University Hospital has been recognized as a core institution for clinical

research in the Tohoku region because it was one of the first in Japan to be accredited as a "clinical research core hospital". The Clinical Research Innovation and Education Center, Tohoku University Hospital (CRIETO) promotes a wide range of clinical research, drug discovery and medical equipment development. Recently established facilities and projects to promote industry-academia collaboration and higher education and training for artificial intelligence (AI) include the OPEN BED Lab and Clinical AI Human Resources Development Program.

After admission to the School of Dentistry, many graduate students will utilize these facilities and programs to obtain cutting-edge clinical experience at Tohoku University Hospital. We hope that the students will learn much through their research activities and patient care, and become global leaders in the development of dental science/dental care as highly skilled professionals.



General Vice Director, Head of Dental Division Tohoku University Hospital

Prof.

Hiroshi Egusa (Fixed Prosthodontics Dept.)

# Tohoku University Hospital



Tohoku University Hospital

Dental Division

#### Oral Health Enhancement

Pediatric Dentistry

Orthodontics



Oral Supportive Care and Management

Oral and Maxillofacial Radiology Oral and Maxillofacial Surgery

Oral Anesthesia and Pain Management

#### Oral Reconstruction

Endodontics

Fixed Prosthodontics

#### Oral Rehabilitation

Advanced Prosthetic Dentistry Rehabilitation of Oral Function Periodontics



Comprehensive Dentistry Dental Safety and System Management
Orthodontics and Speech Therapy for Craniofacial Anomalies
Dentistry for Disabled Perioperative Oral Health Management
Maxillofacial Prosthetics Clinic Dental Implant Center
Oral Medicine Liaison Center Center for Dysphagia (Dentistry)







Tohoku University is located in Sendai called the "City of Trees", Sendai is a great combination of beautiful greenery and urban sophistication and is also known as an academic city rich in culture and history.

#### HISTORY

#### The quintessence of Date culture is still present

Surrounded by greenery and located along the Hirose River, Sendai used to be a castle town that yielded 3 million gallons of rice. Built by Masamune Date 400 years ago, Sendai still has the legacy of the Date Domain such as Sendai Castle, Zuiho-den and Rinno-ji Temple. It is also an academic town where a large number of students live. Apart from the museums, cultural activities at Sendai Mediatheque draw much public attention.



#### FESTIVALS

# Traditional festivals taking place throughout the four seasons

Popular festivals taking place in Sendai include the Aoba Festival with floats and dances, a heritage of Date culture, in spring; Sendai Tanabata Festival with paper art blowing in the breeze in summer; Jozenji Dori Jazz Festival that fills the streets with music in the fall; and in winter the Sendai Pageant of Starlight that feels as if it has come right out of a fairy tale.



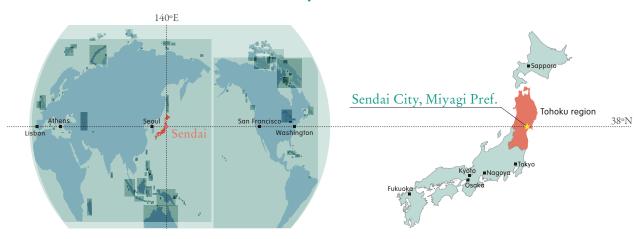






Photo credit: Tourist Division, Miyagi Prefectural Government

# Location of Tohoku University



#### Tohoku University Graduate School of Dentistry

4-1 Seiryo-machi, Aoba-ku, Sendai, Miyagi Prefecture, Japan 980-8575 Tel: +81-22-717-8248 Fax: +81-22-717-8279 Website: www.dent.tohoku.ac.jp/english/ E-mail: international@dent.tohoku.ac.jp